

Appreciating Diversity Checklist

Multicultural Interactions

Place a check next to the "yes" statements.

When I interact multiculturally, generally I:

1. Accept opinions different from my own.
2. Expect multicultural misunderstandings to occur sometimes.
3. Feel comfortable in groups in which I am a minority.
4. Welcome the challenges of interacting with others who speak or act differently from me.
5. Have a close friend of another race / ethnic / cultural group.
6. Do not tell or listen to ethnic jokes.
7. Catch myself when old assumptions related to one's age, sex, state of physical ability, etc., undermine multicultural interactions.
8. Ask "What's going on here?" and change gears or communication styles when communication problems occur.
9. Am involved in doing something about the social injustices I see in my workplace and my community.
10. Can respect lifestyle differences based on sexual orientation.
11. Give honest and practical feedback; I do not "walk on egg shells" when communicating across cultures.
12. Avoid hot buttons, sexualized expressions, inappropriate touching, and causing public loss of faith.
13. Understand how my family of origin has influenced my attitudes about cultural differences.